

# Let's see what's for lunch...

Week 1

Monday	<b>Main Meals</b>	Beef Bolognese with Spaghetti	<b>Served With</b>	Peas & Broccoli
		Baked Jackets with Grated Cheese	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Tuesday	<b>Main Meals</b>	Margherita Pizza with Baked Wedges	<b>Served With</b>	Carrots & Sweetcorn
		Pasta & Tomato Sauce	<b>Dessert</b>	Apple Crumble with Custard
Wednesday	<b>Main Meals</b>	Roast Chicken with Roast Potatoes & Gravy	<b>Served With</b>	Seasonal Greens & Cauliflower
		Squash & Lentil Lasagne	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Thursday	<b>Main Meals</b>	Macaroni & Cheese Bolognese Bake	<b>Served With</b>	Broccoli & Carrots
		Vegan Bean Chilli with Steamed Rice	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Friday	<b>Main Meals</b>	Breaded Fish Fingers with Chips & Ketchup	<b>Served With</b>	Peas & Baked Beans
		Vegan Goujons with Chips & Ketchup	<b>Dessert</b>	Banana Flapjack
<b>Freshly Baked Bread:</b> Carrot & Beetroot or Wholemeal Bread				

Week 1:  
27<sup>th</sup> May, 17<sup>th</sup> June, 8<sup>th</sup> July, 2<sup>nd</sup> Sept, 23<sup>rd</sup> Sept, 14<sup>th</sup> Oct,  
4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec

Week 2

Monday	<b>Main Meals</b>	Pork Sausage with Mashed Potato & Gravy	<b>Served With</b>	Sweetcorn & Baked Beans
		Pasta & Tomato Sauce	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Tuesday	<b>Main Meals</b>	Chicken & Sweetcorn Pasta	<b>Served With</b>	Carrots & Broccoli
		Baked Jackets with Grated Cheese	<b>Dessert</b>	Apple Cake
Wednesday	<b>Main Meals</b>	Honey Roast Gammon with Roast Potatoes & Gravy	<b>Served With</b>	Seasonal Greens & Peas
		Sweet Chilli Stir-fry Mushroom & Vegetable Noodles	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Thursday	<b>Main Meals</b>	Mild Chicken & Vegetable Curry with Steamed Rice	<b>Served With</b>	Carrots & Sweetcorn
		Spanish Omelette	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Friday	<b>Main Meals</b>	Breaded Fish Fingers with Chips & Ketchup	<b>Served With</b>	Peas & Baked Beans
		Vegan Fajita Wrap with Chips & Ketchup	<b>Dessert</b>	Lemon Drizzle Sponge
<b>Freshly Baked Bread:</b> Garlic & Herb or Wholemeal Bread				

Week 2:  
3<sup>rd</sup> June, 24<sup>th</sup> June, 15<sup>th</sup> July, 9<sup>th</sup> Sept, 30<sup>th</sup> Sept, 21<sup>st</sup> Oct,  
11<sup>th</sup> Nov, 2<sup>nd</sup> Dec

Week 3

Monday	<b>Main Meals</b>	Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne	<b>Served With</b>	Carrots & Broccoli
		Baked Jackets with Grated Cheese	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Tuesday	<b>Main Meals</b>	Chicken & Vegetable Hotpot	<b>Served With</b>	Sweetcorn & Coleslaw
		Pasta & Tomato Sauce	<b>Dessert</b>	Carrot Cake
Wednesday	<b>Main Meals</b>	Herby Roast Chicken with Roast Potatoes & Gravy	<b>Served With</b>	Seasonal Greens & Broccoli
		3 Vegetable Mac n' Cheese	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Thursday	<b>Main Meals</b>	Traditional Beef Lasagne	<b>Served With</b>	Cauliflower & Carrots
		Vegan Chickpea & Spinach Korma with Steamed Rice	<b>Dessert</b>	Fresh Fruit, Yoghurt or Jelly
Friday	<b>Main Meals</b>	Breaded Fish Fingers with Chips & Ketchup	<b>Served With</b>	Peas & Baked Beans
		Vegan Bubble & Squeak with Chips & Ketchup	<b>Dessert</b>	Apple & Parsnip Cake
<b>Freshly Baked Bread:</b> Courgette & Tomato or Wholemeal Bread				

Week 3:  
10<sup>th</sup> June, 1<sup>st</sup> July, 22<sup>nd</sup> July, 16<sup>th</sup> Sept, 7<sup>th</sup> Oct, 28<sup>th</sup> Oct,  
18<sup>th</sup> Nov, 9<sup>th</sup> Dec

## Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.



BM1 Kelvedon  
May 2024

All products are subject  
to availability

**pabulummm**  
HONESTLY GOOD FOOD